



# October half term Challenge 2023

## Activity 1

### **Observational Drawing**

Go outside and collect some leaves of varying shape, size and colour. Take them home and cut the leaves in half lengthways and glue one half to your paper. Using pencils, crayons or felt tips and your observation skills draw the other half of the leaf. There are some extra ideas here [Mirror Leaf Drawings: Nature Art - The Imagination Tree](#)

## Activity 2

### **Can you spot....?**

List these items onto a piece of paper: **red leaf, rock, squirrel, birds' nest, brown leaf, mushroom, spider web, wildflower, conker, pinecone, scarecrow, feather, berries, worm, bark**. Now go on a walk or a bike/scooter ride and see how many of these things you can spot. Take a photo when you have found each item. You can tick them off over a few days.

## Activity 3

### **Autumn Miniature Garden**

Have a look at this link for some ideas on how to create a miniature garden [Enchanting miniature gardens / RHS Campaign for School Gardening](#) Design your garden and then go outside to collect lots of materials such as leaves, conkers, twigs, moss, flowers, mini figures. Create your garden! Send us your photo.

## Activity 4

### **Get cooking**

Why not get in the kitchen and make or bake some delicious treats? Here is some Autumn themed inspiration or maybe you have your own favourite recipe!

[Autumn / Fall Themed Food for Kids - Eats Amazing](#)

## Activity 5

### **BBC 500 Words**

Write your very own short story and enter the BBC 500 words competition. Stories need to be submitted by Friday 10<sup>th</sup> November.

For all details of how to enter and some inspirational tips follow this link

[500 Words - BBC Teach](#)

When you send a photo of your completed story, you will get 3 credits!

## Activity 6

### **Get moving!**

Decide on your favourite sports activity – for example running, walking, cycling, dancing, football, gymnastics, tennis, boxing. Design a set of at least 5 warm up exercises that help you get ready for your sport or activity, list them and then do each exercise. Time how long it takes to complete the set. Why not do each set every day to improve your fitness?

## Activity 7

### **Hibernation Fact File**

Many creatures hibernate in the late Autumn and Winter.

Make a poster about hibernation. What is it?

Which animals hibernate?

How do different creatures hibernate?

Plus any other fascinating facts about hibernation.

Don't forget to decorate your poster!

[10 fascinating facts about hibernation - National Geographic Kids](#)  
([natgeokids.com](#))



Collect extra Children's University credits during the October holiday by completing this challenge. Each activity is worth 1 credit (unless otherwise stated) when you take evidence of your activity to your teacher or send it to your local Children's University. Send it to [SeftonCU@elevate-ebp.co.uk](mailto:SeftonCU@elevate-ebp.co.uk)